Social and Emotional Literacy resources.

Returning to school / Friendships

Q. Will my friends still like?

absolutely, they definitely will still like you!

Q. Will they still want to be my friend?

You bet they will still want to be your friend!

Still not sure then read this;

Who am I?

Start by asking yourself some questions.

If you like yourself, others will probably like you too.

- 1. Am I a friendly person?
- 2. Am I a positive person who looks forward to each day?
- 3. Am I a good listener?
- 4. Am I loyal?
- 5. Am I caring?
- 6. Do I share my ideas, toys, sweets?
- 7. Am I a person who can be trusted?
- 8. Do I praise someone if they do good?
- 9. Am I helpful?
- 10. Am I honest?

You haven't changed since school closed you are the same person.

Remember other Children are just as nervous as you about returning to school. Everything is going to be OK!

It may take a while to get back to normal but we are all in it together

We will all be resilient, brave, have courage but most of all

We will just be us!...... Super awesome us!





