

## Social and Emotional Literacy Resources.

### Showing Kindness and Compassion.

Hi everyone,  
Do you know a friend who might be lonely whilst been off school and stuck at home. Not everyone has brothers and sisters to play with. Imagine being on your own all the time. Some children get very sad, bored and feel very lonely. They need cheering up badly!



Here is a thoughtful fun activity you might like to do to put a smile back on someones face. Everyone loves getting cards, they show people care about you and that they are thinking of you.  
Receiving a card shows someone they have not been forgotten.



Design a 'I miss you card' and post it!  
( Don't forget a stamp)

You might even want to write them a letter and pop it inside. Tell them all about your experiences of being off school and how your feelings. Ask them how they feel

Don't forget  
To say who its from!

