Social and Emotional Literacy Flexible Thinking Activity

<u>Flexible Thinking</u> is a very important social skill. Being a flexible thinker helps you to get along with other people. It helps you when you have to work in groups because it not all about your thought and ideas. You have to take into consideration other peoples thoughts, emotions, feelings. Being a flexible thinker helps you solve problems and helps you try new ways of doing things.

Remember in school we looked at how self talking and being flexible can make you feel better about yourself. You become less frustrated because you thought things through without getting upset or lashing out. You coped with a situation because you weren't stuck in your one way of thinking.

Let's look at an ordinary kitchen funnel.

What other creative things can it be used for except its real purpose.

My ideas are: a silly birthday hat, trumpet, a unicorn's horn.

I am thinking not only about its real purpose. I'm thinking outside of the box.



Its your turn. Have some fun be as creative as you can.

What other ideas do you have for an ordinary large cardboard box?



xbox

garden shed.

under ground tunnel





