

## Social and Emotional Literacy Resources.

Fun activities to learn about feelings and emotions.

### Leaf faces

**Step 1.** Collect lots of leaves.

**Step 2.** Let them dry out over night indoors.

**Step 3.** Using a sharpie pen draw a different emotions on each leaf.

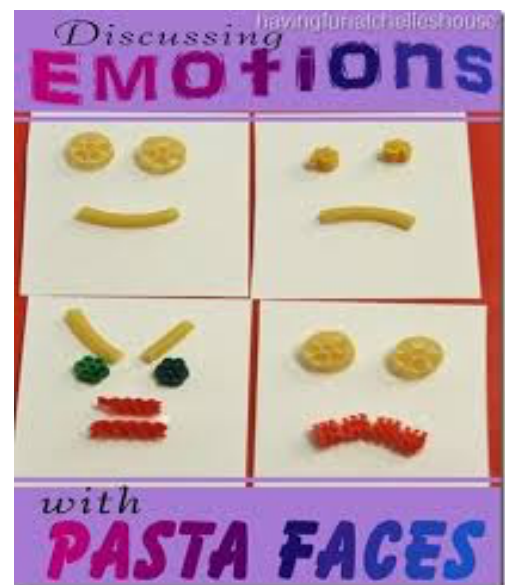
**Step 4.** Talk with an adult about the emotions you have drawn and say when you last felt like that and why?



### **Pasta Emotions.**

**Step 1.** Using different types of dry pasta create different emotions and faces.

**Step 2.** You can stick the pasta to card using PVA glue or glue stick.



### **Sweet Potato Emotion Faces** ( you need an adult to supervise)

**Step 1.** Wash and peel a sweet potato

**Step 2.** Carefully, thinly slice the potatoe

**Step 3.** Carefully, cut out emotions in each slice.



**Step 4.** Place on a baking tray, drizzle with oil, salt and pepper and cook in the oven for 10 mins.