

Social and Emotional Literacy Fun Activity

Responsibility

Gardening teaches kids to be responsible for their plants by caring for them every day!



Grow your own emotions and feelings egg heads.

Scoop damp compost in to the **egg shells** with a small spoon, or soak cotton wool balls in water before popping inside the eggs. Sprinkle a good pinch or two of **crass** seeds into each egg, spreading them around the surface of the compost or cotton wool as evenly as possible. Draw emotions on eggs with a sharpie pen or paint.



Other plants you can grow at home from food waste.

Take the base from a stalk of **celery**, rinse it off, and put it in a shallow cup of warm **water** on a window sill. Change the **water** daily and keep an eye on it to see if any regrowth begins.



Fill the glass with **water** up to and barely touching the bottom edge of the stump. Set the glass in a light, but not sunny window. Add **water** to keep it touching the edge and watch the roots sprout. You're **growing carrots** from **carrots** in a glass!



Place the **onions** in a clear glass or jar with the root end down. Add just enough **water** to the bottom of the container to cover the roots at the bottom of the bulbs. Change the **water** at least every other day. Place the glass in a window that receives plenty of filtered sunlight throughout the



day.