

Outdoor creative activities to help your child communicate their isolation feelings.

Children draw to express what they are feeling and think. Drawing is an important outlet for children to communicate their feelings. When drawing children use their memory to recall what they know, in turn extending their concentration and thought-processing skills.
ex; a happy face

Draw on garden fence



Chalk the pathway



Draw in the sand



If your child's drawings show sadness, fear or are upsetting
Its time to Talk'

Take time out to ask why they have drawn that imagine.

TALKING IS PARAMOUNT

REASSURE YOUR CHILD EVERYTHING IS GOING TO BE OK
DURING AND AFTER COVID 19