## Social and Emotional Literary Kindness Resource.

Hi everyone, Fingers crossed you all have been showing ways to be kind to your family whilst being stuck at home.

I would love to see what you did for them and when.

Tuesday

Fill in this chart everyday with one act of kindness and when school opens bring it in to show me.



Name:

Sunday

Monday

Wednesday Thursday Friday

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---------|-----------|----------|--------|----------|
|        |        |         |           |          |        |          |
|        |        |         |           |          |        |          |

Acts of kindness give you the feel good factor!