



"Inspiring minds to ignite lifelong learning"



Onchan Primary School
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RSE Content – Summer Term 2024

	Topic	Learning Intentions
Reception	My Body Belongs to Me	Children can name and locate a variety of body parts. Children begin to understand the notion of bodily autonomy.
	Personal Space and Privacy	Children understand when they might need privacy. Children are beginning to understand personal space. Children can identify whether or not they feel safe or unsafe in different situations.
	When I Feel Sad or Upset	Children have an understanding of their feelings/emotions. Children understand the concept of trust and consider who they trust. Children know that if they are sad or upset they can talk to an adult they trust.
Year 1	My Body Belongs to Me	Children learn the concept of bodily autonomy. Children learn that parts of their body are private.
	Privacy	Children learn that other children/people have the right to privacy.
	This is How I Feel	Children learn to recognise their feelings. Children give examples of how they feel at different times or in different circumstances. Children learn help-seeking behaviours.
	How to Stay Safe, Be Kind and Responsible Online	Children know what the internet is and how to use it safely. Children will learn about responsible online behaviour. Children will learn about the importance of keeping passwords private.
Year 2	This is How I Feel	Children learn to recognise their feelings. Children give examples of how they feel at different times or in different circumstances.



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		Children learn help-seeking behaviours.
	Keeping Clean	Children learn about personal hygiene, in terms of their bodies, their clothes and some behaviours like coughing/sneezing.
	Privacy and PANTS rule	Children learn that other children/people have the right to privacy. Children learn help-seeking behaviours.
	Responsible Online Use	Children will learn about responsible online use: <ul style="list-style-type: none"> - Passwords for protection - Sharing online use with their parents/carers, and why it is important to always ask permission before accessing or sharing information online
Year 3	Safe and Happy Online	Children will see the internet as a positive place that is fun and helps them learn. Children will reflect on their online behaviours. Children will identify potential dangers in online environments. Children learn help-seeking behaviours.
	Wellbeing	Children understand the different aspects of their identity. Children identify their own strengths and begin to see how they can affect others. Children understand and plan for a healthy lifestyle including physical activity, rest and a balanced diet.
	Conflict Resolution (feelings)	Children will identify feelings and needs behind conflicts and look at solutions for resolving conflict.
Year 4	My Body is Changing	Children learn the physical and emotional changes that take place during puberty.
	Feelings and Puberty	Children recognise that body changes with puberty impact on feelings and behaviour. Children learn strategies to manage emotions.
	Personal Hygiene	Children understand the importance of personal hygiene.



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	What is consent?/My Body is Mine	Children understand the concept of consent. Children understand the concept of bodily autonomy. Children acknowledge personal space and boundaries. Children learn help-seeking behaviours.
Year 5	My Feelings and My Body	Children learn to recognise their feelings. Children explain how positive relationships enhance emotional well-being. Children can talk about themselves positively.
	When I Feel Sad or Worried	Children learn to communicate their feelings. Children know who or where to go to for support if they have a worry or a question.
	Secrets vs Surprises	Children differentiate between surprises and secrets and know how to approach a trusted adult with a sensitive subject.
	Trust Online	Children think critically about what they see online relating to content.
Year 6	Menstruation and Puberty	Children consolidate previous learning about puberty. Children recognise that body changes with puberty impact on feelings and behaviour. Children understand the importance of personal hygiene.
	Feelings and Loss	Children learn about change and loss, and how these can affect feelings. Children explore ways of expressing and managing loss.
	Self-Care	Children learn a range of self-care strategies, including connecting with other, being physically active and learning something new.
	It's Just a Joke	Children discuss how they can be good friends online and gain the confidence to report unacceptable online behaviour.